

## 12 Practical Lifeskills – 2022 Changes & Beyond

To learn more - <https://celebratingyourjourney.com/lifeskills/>

*Celebrating Your Journey, Lifeskills in Synergy*

*Invaluable self-paced lifeskills journal available at most all online booksellers*

<b>Lifeskill</b>	<b>Changes I want to make (#1 top priority)</b>	<b>First Step Commitment (Include projected completion date)</b>
Relationships/Core Values		
Time Management		
Career/Money Management		
Recordkeeping		
Possessions & caring for your "stuff"		
Housekeeping		
Wellness		
Meals		
Childcare		
Recreation/ Entertainment		
Reflection		
Celebration		